**Stirling Lawn Tennis and Squash Club (SLTSC)**

**Covid 19: Risk Assessment; Plan; and Guidance.**

SLTSC are keen to promote the safe use of our tennis and squash facilities in line with the Guidance on Covid-19 as issued and updated by the Scottish Government. It is the duty of all who participate in these activities to make themselves familiar with the Guidance as issued and to comply with it. It is the responsibility of all who use the club facilities to keep themselves and others safe by adhering to measures that reduce the spread of infection.

All who use the facility should support each other to achieve to goal of enjoying sport while containing transmission. As such, a polite prompt or reminder from and other about an action that may be inconsistent with this should be encouraged and welcomed.

**Covid 19 Officer:** all clubs should appoint a Covid 19 Officer who should oversee the implementation of the Club’s Risk Assessment with reference to Scottish Government Guidance and any specific to that sport or activity.

The Covid 19 Officer should also oversee compliance with the Risk Assessment and Plan. SLTSC will monitor this weekly.

Dominic Gillen is the interim Covid 19 Officer for SLTSC. He completed the SportsscotlandCovid Officer E-Learning Module (updated 28.08. 2020) on 07.09.2020.

**Return to Sport Coordinator: (Squash: Donald, Tennis: Paul Barnes)**

“Purpose of the role:

1. To promote the health and well being of members and participants as they return to the club
2. To provide confidence and reassurance to members and participants that the club is a safe and welcoming place to be
3. To break down barriers as members and participants return to the club

The specific Risk assessment and Plan is in 4 overlapping sections:

1. Venue
2. Squash
3. Tennis Coaching
4. Tennis

**Specific risk assessment and plan: Venue**

**Cleaning:**

* will be enhanced and use bleach/disinfectant product rather than detergent
* Increased frequency of cleaning in the squash courts using disinfectant product

**Sanitizer and Wipes will be available at:**

* Door entry
* Left-hand shelf on entry to clubhouse
* On light meters

**Masks:**

* Must be worn in the clubhouse
* Users should bring their own
* Disposable masks will be available on left- hand shelf on entry if exceptionally required

**Toilets:**

* Not in use – we are unable to put in place a one way system

**Changing Rooms**

* Not in use

**Kitchen area:**

* Not in use

**First Completed On: 07.09.2020**

**Compliance and Update: 30.09.2020 (Dominic; Billy; Lesley)**

* Appropriate cleaning materials to be supplied and used (Billy/Ros)
* Additional signage to advise against using toilets (Dominic)
* Sanitizing gel dispensers to be fitted and filled (Billy)

**Update 20.10.202 (Dominic, Billy)**

All above actions completed

**Update 20.11.2020:Stirling is now a Tier 4 Covid area. Outside tennis is still allowed.**

**In addition to the above:**

* Travel from outside the Stirling area is prohibited other than for very specific purposes.
* Access to the Clubhouse is prohibited for use of any facilities other than using the light meters and to access the ball machine which is kept beside the light meters. Particular attention should be given to use of hand sanitizer and wipes when touching any surface or door handles.

**Update March 2021:**

* Up to 15 people may play non contact outdoor sport.
* Doubles play is now permitted
* The clubhouse should only be entered to activate the court lights and for the ball machine
* Travel restrictions to and from the venue should be adhered to: do not car share; travel a minimal distance, ideally within the Stirling Council area
* Remember FACTS

**Specific Risk Assessment and Plan: Squash**

**General:**

**Squash is prohibited**

**Before:**

* Do not come if you have any symptoms or should be isolating
* Book the court using the Clubspark system: essential for Test and Trace
* Leave time before and after you session to avoid the previous or subsequent user
* Travel independently or only with a member of your household
* You cannot use the changing areas: come ready with kit and equipment that you need
* Bring your own water

**During**

* Solo play only or with a member of your household
* Use sanitizer on arrival
* Wear a mask when not on court
* Wipe down all surfaces that you touch especially door handles and areas likely to be used by others

**After:**

* Touch as few surfaces as you can when leaving
* If you develop symptoms advise Test and Protect and take their advice

**First Completed on: 07.09.2020**

**Compliance and updated: 30.09.2020 (Dominic; Billy; Lesley)**

* Cleaning Walls: players should bring a towel and avoid touching the walls
* Use the sanitizing gel as you enter and at the lights: dispensers available
* Cleaning to be enhanced as far as practicable with disinfectant materials
* Additional signage to prompt wiping touched surfaces (wipes available)

**Update 20.10.2020 (Dominic/Billy):** all above actions in place

**Update 20.11.2020: Stirling now in Tier 4**

All squash is now suspended until the Covid status is reviewed

**Update March 2021:**

**Squash remains prohibited**

**Specific Risk Assessment and Plan: Tennis Coaching and Covid 19**

This should be regarded as a Risk Assessment with reference to Tennis Scotland and Scottish Government Guidance. Hannah and her team are aware of the specific guidance issued by Sportsscotland with regards coaching

As a Club we are keen to promote tennis for all, not least for children. Consistent with schools returning and an easing of restrictions in playing tennis we would like to progress our junior coaching programme as arranged by our coach, Hannah Pickford.

Safety though remains our paramount consideration. The resumption of coaching will therefore come with some necessary safeguards and restrictions as detailed below:

* All coaches will be approved LTA coaches (this requires training in Safeguarding and PVG membership)
* Access to the clubhouse will be by coaches only and exclusively for access to store cupboards and lights. Toilet facilities cannot be used.
* Hand washing and use of sanitisers will be encouraged by coaches
* Class sizes will follow Tennis Scotland Guidance.
* Coaches will ensure that they have emergency contact numbers for parents and carers.
* Parents and carers must respect social distancing and preferably wait in cars or nearby.

The above is fairly restrictive but necessary. It is consistent with the current prescribed restrictions from the Scottish Government and Tennis Scotland. This will be updated with the Guidance as issued.

**First Completed on: 07.09.2020**

**Compliance and updated: 30.09.2020 (Dominic; Billy; Lesley)**

* Appears that all above measures and being complied with

**Compliance update 20.10.2020:** all actions in place

**Update 20.11.2020: Stirling now in Tier 4:**

* Outside coaching can continue
* Only the coaches may enter the clubhouse for lights and essential equipment

**Update march 2021:**

All above measures are being complied with and are consistent with Guidance

**Specific Risk Assessment and Plan: Tennis**

**General:**

Players may use outdoor courts and play with people from a different household. They should not touch, share equipment and avoid of immediately clean ‘touchpoint’ areas (e.g. door handles, net winders…)

Entry to the Clubhouse is allowed only for access to the light meters or to gain essential access to a store cupboard

‘FACTS’ should be adhered to when not on court and by parents/carers

**Before:**

* Book using the Clubspark system. This is essential for Test and Protect requirements
* Arrive with kit and equipment for your sole use
* Bring your own water
* Come on your own or only with a member of your household
* Avoid touchpoint areas and clean any you touch (doors, net winders)

**During:**

* Do not touch other players and keep as safe a distance as you can even when playing
* Enter the Clubhouse only to use the light meters or access store cupboards that are essential
* Wear a mask if in the clubhouse
* Spectating should be discouraged unless necessary to support a vulnerable child or adult

**After:**

* Touch as few surfaces as possible on leaving
* If you develop symptoms advise Test and Protect and follow their advice

**First Completed on: 07.09.2020**

**Compliance and updated: 30.09.2020 (Dominic; Billy Lesley)**

* Club nights/ groups: a book noting all participants should be completed ideally by only one person (to avoid multiple touching of the pen/book)- red pad in display cupboard at the door

**Compliance update 20.10.2020 (Dominic/ Billy):** registration book being used as required

**Update 20.11.2020: Stirling now in Tier 4.**

* The clubhouse should only be entered to use the **light meters**
* **Ball machine:** this is now kept next to the light meters. Careful consideration was given to this by the committee in the light of the above Tier 4 status. It was agreed that members should continue to enter the clubhouse to use the ball machine. Only one person should do so to avoid contact and minimise touching. The machine should be wiped before and after use.
* **Travel** to play tennis should be kept to a minimum;, do not share cars with anyone outside your household; members from other council areas should not travel to Stirling simply to play tennis.

**Update March 2021:**

* Up to 15 people may play non contact outdoor sport.
* Doubles play is now permitted
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* Travel restrictions to and from the venue should be adhered to: do not car share; travel a minimal distance, ideally within the Stirling Council area
* Remember FACTS